



Washing my hands

1. I turn on the tap. Then I wet my hands with the water.



2. I put some soap on my hands.



3. I need to rub my hands together and scrub the back and front. I also need to scrub my fingers. I can count to 20 while I scrub my hands and fingers.



4. Before I'm finished, I rinse my hands with water.



5. Then I dry my hands.



It's nice to have clean hands!